

Arfi Lamba

www.imdb.com/name/nm3193983, +919833006900, www.arfilamba.com, SM handles @arfilamba

Valid Visas: Schengen until Nov 2020, USA until 2025, Canada until 2023

Awards/Achievements

1	Best Actor	The Idiot, Director: Ruchi Joshi	Lake City International Film Festival 2018
2	Best Actor	Shinakht, Director: Pragyesh Singh	Lake City International Film Festival, 2019
3	Udyog Ratan Award		Institute of Economic Studies, New Delhi, 2018
4	Tedx Talk		SITB Bhuwaneshwar 2019

Work Profile

Feature Films

1	Gift (2017)	Romantic Lead, Kiran (Released in Germany, Switzerland, Austria)	Dir: Daniel Harrich
2	Marry Me (2015)	Charetered Accountant, Mr Lamba	Dir: Neelesha Barthel
3	Singh Is Bliing (2015)	Puppy, Principal Character	Dir: Prabhu Deva
4	Fugly (2014)	Lead Role, Aditya	Dir: Kabir Sadanand
5	Prague (2013)	Lead Role, Arfi	Dir : Ashish Shukla
6	Slumdog Millionaire (2009)	Call Center Employee, Bardi	Dir: Danny Boyle

Short Films

1	Bin Bulaaye (2020)	Romantic Lead, Vikrant	Dir: Anshul Tiwari	MAMI, Large Short Films
2	S(he) (2019)	Lead Role	Dir : Jitendra Jena	
3	Shinakht (2019)	Lead Role	Dir: Pragyesh Singh	
4	Peshab Karna Mana Hai (2019)	Lead Role	Dir: Jitendra Rai	
5	Dial K for Kill (2018)	Lead Role	Dir: Santosh Sivan	ARRI Channel
6	The Idiot (2017)	Lead Role, Abdul	Dir: Ruchi Joshi, Sriram Ganapathy	Premiered at 40th AAIFF NY, Cairo International Film Festival, Kerala Internatioanl Film Festival
8	An open road with a dead end	Lead Role	Dir: Aditya Gupta	

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9	Shunyata	Lead Role, Abdul	Dir Rohan Sabharwal	New York International Film Festival
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TV Commercials

Nicotex (Anaam Mishra) (2019)	9X Channel (Shoojit Sarkar) (2009)	Live India Channel
Good Milk	Polo Mint	Bathroom Singer
TCL Television	Karaoke Brand with Priti Jhangiani	

Web Series/Television

Single City Girls	Lead Role	Dir : Preeti Singh	Yet to Release, shot in 2017
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Print Commercials

Lancel, Paris (bags and Accessories)	Air Sahara In-house Magazine	Donear Suitings
Woman's Era Editorial shoot CMS Computer Education	Calendar for Escotel (U.P.)	Hercules Health drink
Fashion Week Collection of Joy Mitra		

Theatre

1	Devdasi (2017)	Lead Role	Director : Om Sunny Bhambhani	Mastani/Whote Lotus Productions
2	Anjor Kaaya (2009)	Lead Role	Director : Zaheer Shaikh	Prarambh Theatre Group
3	Tere pyaar mein (Hindi) (2009)		Director : Dinesh Thakur	Ank Theatre Group
4	Chaabi (Hindi) (2009)		Director : Dinesh Thakur	Ank Theatre Group
5	Jis Lahore Nahi Vekheya (Hindi) (2009)		Director : Dinesh Thakur	Ank theatre Group

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Training

Trishaan, Sceneone Casting, 2020	1 Week (ONLINE)	<i>The Art Of Auditioning</i>
Greta Seacat (26 May to 11 June 2020)	6 Classes Spread over 3 Weeks (ONLINE)	"Ways to prepare and rehearse without a partner" Focussing primarily on Sensory work, Animal work and Private Moment for an actor
Sandra Seacat (May 2018) https://www.imdb.com/name/nm0780428/	2 Weeks Intensive Workshop (BERLIN)	"The Beginning – Approaching the Creative Process– How to make Authentic Choices", focusing on communication with their Inner Creative Source through Dreams, Active Imagination, Rituals and other methods.
James Kemp (July 2017) http://www.effortproductions.co.uk/about/4593203806	4 Day Intensive Workshop (NEW YORK)	Character Ananlysis and Movement Psychology'-The Labban Method
Neeraj Kabi Workshop (September 2015) https://pro-labs.imdb.com/name/nm4173131/?ref=sch_int	10 Days Intensive Workshop (MUMBAI)	An Acting Training Workshop for Actors
Atul Mongia (January 2015) https://pro-labs.imdb.com/name/nm2529840/?ref=sch_int	1 Week Workshop (MUMBAI)	Overcoming One's Weakness as an actor and Polishing one's strength
Teresa Harder (February 2013)	2 Day Intensive Workshop (BERLIN)	Workshop in Meisner Technique and how can it help actors from different backgrounds to work internationally
Nancy Bishop (May 2012) http://www.imdb.com/name/nm0084147/?ref=fn_al_nm_1	2 Day Intensive Workshop (CANNES)	How to take instructions as an actor
Karin Seven (February 2011)	2 Day workshop (BERLIN)	Sensory Work
Bharti Jaffrey (October 2011)	2 Days Intensive Workshop (MUMBAI)	Understanding Navrasa and its Application in Indian Thetare
Vinod Nahri (2010)	2 Weeks Evening Workshop (MUMBAI)	Improvisation and acting for Cinema
Ms Mahabano Modi Kotwal (2009)	Two Weeks Intensive Workshop (Mumbai)	Two weeks of intensive coaching on characterization and stage presence
Shri Dinesh Thakur	One Year Intensive Training (MUMBAI)	3 months of classroom coaching and 9 months of fun stage coaching. The course covered everything from improvisation, voice and speech, characterization & diction (hindi and urdu) (2008)

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Vital Stats

Hair	Black	Chest	36"
Eyes	Black	Waist	32"
Height	6 Ft	Weight	70 kgs
Screen Age	30-35 yrs		

Languages Known

English, Hindi Punjabi	Read, write, understand and speak fluently
Urdu	Understand and speak fluently
French, German	Working knowledge, Learning